

Business and Noninstructional Operations
FOOD SERVICE/CHILD NUTRITION PROGRAM

BP 3550(a)

The Governing Board recognizes the important connection between a healthy diet and student's ability to learn effectively and achieve high standards in school. The Board also acknowledges that schools play a vital role in childhood nutrition and fitness, and as part of the larger community, schools have a responsibility to promote family health and provide a strong foundation for children's future health and well being. To reinforce the district's nutrition education program, foods provided on school premises shall be:

1. Carefully selected so as to contribute to students' nutritional well-being and the prevention of disease.
2. Prepared in healthy and appealing ways that retain nutritive quality and foster lifelong healthful eating habits.
3. Served in age-appropriate quantities and at reasonable prices.

Students shall be provided adequate space in pleasant surroundings as well as adequate time to eat, relax, and socialize.

The Superintendent or designee shall ensure that the meals offered by the District's food service program meet the nutritional standards and dietary guidelines required for participation in the National School Lunch and School Breakfast Programs.

The Superintendent or designee shall establish procedures whereby students and parents/guardians may participate in the selection of foods of good nutritional quality for school menus.

Parents/guardians are encouraged to also consider nutritional quality and support the District's nutrition education efforts when selecting any snacks which they may donate for occasional class parties. All donated food shall be purchased from a commercial food company and shall not be homemade.

To the extent permitted under the National School Lunch and School Breakfast Programs, students in all grades shall be allowed to decline parts of their meal which they do not intend to consume.

Westminster School District

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BP 3550(b)

The Board shall establish and sustain a Wellness Committee to discuss nutrition and physical activity related topics of concern in the school community and to develop school district policies on nutrition and physical activity for recommendation to and approval by the Governing Board. (Education Code 49433)

Legal Reference:

EDUCATION CODE

[38080-38103](#) Cafeterias - establishment and use

[45103.5](#) Contracts for management consulting services; restrictions

[49490-49493](#) School breakfast and lunch programs

[49500-49505](#) School meals

[49510-49520](#) Nutrition

[49530-49536](#) Child Nutrition Act of 1974

[49540](#) - 49546 Child care food program

[49547-49548.3](#) Comprehensive nutrition services

[49550-49560](#) Meals for needy students

CODE OF REGULATIONS, TITLE 5

[15500-15501](#) Food sales by student organizations

[15510](#) Mandatory meals for needy students

[15530-15535](#) Nutrition education

[15550-15565](#) School lunch and breakfast programs

CODE OF FEDERAL REGULATIONS, TITLE 7

[210.1-210.31](#) National School Lunch Program

[220.1-220.21](#) National School Breakfast Program

Policy WESTMINSTER SCHOOL DISTRICT

adopted: July 5, 1990 Westminster, California

revised: April 17, 1997

revised: June 15, 2006