



SAFE SCHOOL SERIES 2008 - 2009

Courses held at the Orange County Department of Education
9:00 a.m. – 11:00 a.m.
Light refreshments served

**\$15/Course or
\$90/Series**

**Thursday
September 25
Room B1107**

Suicide Response/5-DAY Suicide Postvention

Suicide by youth, or the adults who serve them, can debilitate a school community. This module will offer participants a day-to-day structure for responses that assures the healthy recovery of both students and staff. Strategies include staff and community debriefings, student support activities, and protocols to support administrative decision-making.

**Thursday
October 16
Room D1005**

Addressing Bullying and Cyber-Bullying

Bullying and cyber-bullying must be a priority for all who are concerned for students' welfare. The workshop provides participants with an introduction to the issue of bullying, effective strategies to reduce bullying and forms and impact of electronic harassment and ways to intervene.

**Thursday
November 18
Room B1107**

Hazard Analysis/Multi-Hazard Planning for Schools

This module will help you go from chaos to control during a school emergency. You will learn the four phases of emergency management while taking an all-hazards approach to your planning efforts. Learn and comprehend the common terminology used by first responders and become skilled to develop your own emergency management structure in alliance with local, state, and federal guidelines.

**Thursday
December 11
Room B1107**

Managing Stress: Recovery for You, the Crisis Responder

As professionals who provide care and support to the school community, you are exposed to extraordinary stress. If stress factors are not addressed in an effective manner, it can lead to burn-out. This workshop will explore stressors and provide information about physical, cognitive, emotional and behavioral reactions to stress. Participants will also actively participate in techniques that can assist in decreasing stress.

**Thursday
January 15
Room D1003**

How to Write a Safe School Plan

Designed to offer school officials a strategy for drafting a Safe School Plan. AB 187 mandates that schools review, revise, and amend Safe School Plans each year to demonstrate safe school practice. Failure to comply with this mandate by March 1st may result in a fine of \$2,000. This training will provide strategies for identifying 3-5 measurable goals and objectives, as well as assist in developing a draft for a Safe School Action Plan.

**Thursday
February 19
Room D1004**

NIMS Certification Course for Schools

Participants will learn about the National Incident Management System (NIMS) that offers established standard incident management processes, protocols and procedures, so responders can work together more effectively. Topics covered include preparedness, resource management, communications and information management systems that can be applied in school. At the end of this training, participants will take the NIMS IS 700 exam and will become FEMA certified to serve the public in time of crisis.

**Thursday
March 12
OC E.O.C.**

Table-Top Evolution (this course will be held at the OC Emergency Operation Center/Loma Ridge)

There is a growing urgency and expectation that school-based professionals train and practice skills to keep children safe. Actively engaging in tabletop evolutions provides an opportunity for key personnel to figuratively operationalize standing emergency response plans. Scenarios will simulate an emergency, critical incident, or threatening situation. Participants will examine, discuss, and resolve problems based on existing crisis management plans.

**Thursday
April 16
Room D1006**

Trouble in The Hood – Police Initiated Lockdown

Offers school-based personnel insight into how law enforcement might advise in times of certain danger. Schools should have a comprehensive written lockdown protocol that is coordinated with local police agencies. Workshop participants will discuss communications, procedures, and provisions necessary to protect students and staff when there is clear and present danger in or around the school.

**Thursday
May 14
Room D1003**

When Death Comes to School

Participants will actively engage in the application of crisis response protocol for responding to the sudden, unexpected death of a student or staff member. Features of Critical Incident Stress Management (CISM) debriefing will be offered as a structure for the quick and immediate evaluation of psychological and emotional impact. Crisis Management Briefing (CMB), Critical Incident Stress Debriefing (CISD), and one-on-one strategies will be demonstrated.

Registration is easy! \$15 per course or \$90 for the complete series

- 1) Email each attendee's name, title, site, phone number, and **email address** to Jan Palmer at jpalmer@ocde.us. *Email address is required for each attendee. Confirmations and any changes will be sent via email.* Registrations with above information may also be faxed to (714) 540-3464. Registration forms available upon request.
- 2) Make check or purchase order payable to Orange County Department of Education. Mail to OCDE, Attn: Jan Black, P.O. Box 9050, Costa Mesa, CA 92628-9050.

