

BOARD POLICY

Wellness Policy

The Board of Education is committed to providing a school environment that enhances learning and development of lifelong wellness practices.

To accomplish these goals:

- A. Child Nutrition Programs will comply with federal, state and local requirements and will be accessible to all children.
- B. Sequential and interdisciplinary nutrition education will be provided and promoted.
- C. Healthy levels of physical activity will be encouraged within and beyond the school day.
- D. All school-based activities will be consistent with local wellness policy goals.
- E. All food and beverages made available on campus (including vending, concessions, ala carte, student stores, parties, and fundraising) during the school day will be consistent with the current Dietary Guidelines for Americans.
- F. All foods made available on campus will adhere to food safety and security guidelines.

Ref: Public Law 108: Section 204; 42 U.S.C. Section 1751 et seq.

EC Section 49431

Adopted: June 20, 2006