

PHYSICAL EDUCATION

The governing board recognizes the positive benefits of physical activity for student health and academic achievement and encourages each student to take advantage of the various opportunities for physical activity offered by the District.

The Board of Trustees desires to provide a physical education program which builds interest and proficiency in movement skills and encourages students' lifelong fitness through physical activity. Besides promoting high levels of personal achievement and a positive self-image, physical education activities should teach students how to cooperate in the achievement of common goals.

(cf. 5121 - Grades/Evaluation of Student Achievement)
(cf. 6142.8 - Comprehensive Health Education)

The Board shall approve the components of the physical education program.

(cf. 6143 - Courses of Study)

Staff shall take special care to ensure that excessive physical exertion is not required of students who have informed staff of a heart or respiratory condition or other physical disability that may restrict such activity. Any dispute concerning such a condition shall be submitted to the principal or designee, who may make appropriate inquiries consistent with state and federal law. An appropriate alternative activity shall be provided for these students.

(cf. 6164.6 - Identification and Education under Section 504)

Staff shall appropriately limit the amount or type of physical exercise required of students during air pollution episodes, hot weather, or other inclement conditions.

(cf. 3516 - Emergencies and Disaster Preparedness Plan)

Legal Reference:

EDUCATION CODE

33350 *CDE responsibilities re: physical education*

49066 *Grades; physical education class*

51210 *Course of study, grades 1-6*

51222 *Physical education*

51223 *Physical education, elementary schools*

51241 *Temporary or permanent exemption from physical education*

51242 *Exemption from physical education for athletic program participants*

52316 *Excuse from attending physical education classes*

60800 *Physical performance test*

BP 6142.7(b)

PHYSICAL EDUCATION (continued)

Legal Reference (cont.):

CODE OF REGULATIONS, TITLE 5

1041-1046 *Physical performance test*

3051.5 *Adapted Physical Education for Individuals with Exceptional Needs*

UNITED STATES CODE, TITLE 29

794 *Rehabilitation Act of 1973, Section 504*

ATTORNEY GENERAL OPINIONS

53 Ops.Cal. Atty.Gen 230 (1970)

Management Resources:

CDE PROGRAM ADVISORIES

0418.89 *Physical Education, April 18, 1989*

Regulation
approved: June 2002
revised: July 19, 2005

CYPRESS SCHOOL DISTRICT
Cypress, California

Instruction

AR 6142.7

PHYSICAL EDUCATION

During each March, April or May, students in grade 5, shall undergo the physical performance testing designated by the State Board of Education. Students with a physical disability and students who are physically unable to take all of the test shall undergo as much of the test as their physical condition will permit. (Education Code 60800)

With the consent of the student, the Superintendent or designee may grant temporary exemption from physical education when a student is enrolled for one-half time or less, or when a student is ill or injured and a modified program to meet his/her needs cannot be provided. Permanent exemptions shall be granted only as provided by law. (Education Code 51241)

Regulation
approved: June 2002

CYPRESS SCHOOL DISTRICT
Cypress, California