

FOOD SERVICE/CHILD NUTRITION PROGRAM

The Board of Trustees recognizes the important connection between a healthy diet and a student's ability to grow, learn effectively, achieve high standards in school, and maintain good health. The Board also acknowledges that schools play a vital role in childhood nutrition and fitness, and as part of the larger community have a responsibility to promote family health and provide a strong foundation for children's future health and well being. To reinforce the district's nutrition education program, foods available on school premises shall be:

1. Carefully selected so as to contribute to students' nutritional well-being and the prevention of disease
2. Prepared in healthy ways which will appeal to students, retain nutritive quality and foster lifelong healthful eating habits
3. Served in age-appropriate quantities and at reasonable prices

(cf. 3551 - Food Service Operations/Cafeteria Fund)
(cf. 3553 - Free and Reduced Price Meals)
(cf. 3554 - Other Food Sales)
(cf. 5141.32 - Child Health and Disability Prevention Program))
(cf. 6142.8 - Comprehensive Health Education)

Students shall be provided adequate space in pleasant surroundings, as well as adequate time to eat, relax, and socialize.

The Superintendent or designee shall ensure that the meals offered by the district's food service program meet all legal requirements for participation in the National School Lunch and School Breakfast Programs.

The Superintendent or designee shall establish procedures whereby students and parents/guardians are encouraged to participate in the selection of foods of good nutritional quality for school menus. Parents/guardians are encouraged to also consider nutritional quality and support the district's nutrition education efforts when selecting foods for occasional class parties.

To the extent permitted under the National School Lunch and School Breakfast Programs, students in all grades shall be allowed to decline parts of their meal which they do not intend to consume.

The Board shall periodically convene, or as necessary establish, a Child Nutrition and Physical Activity Advisory Committee (CNPAAC) to discuss nutrition and physical activity related topics of concern in the school community.

The membership of the Child Nutrition and Physical Activity Advisory Committee may include, but need not be limited to, Board members, school administrators, food service directors and staff, other staff, parents/guardians, students, dietitians, health care professionals, and interested community members. (Education Code 49433)

BP 3550(b)

FOOD SERVICE/CHILD NUTRITION PROGRAM (continued)

Legal Reference:

EDUCATION CODE

38080-38103 Cafeterias

45103.5 Contracts for management consulting services; restrictions

49430-49436 Pupil Nutrition, Health, and Achievement Act of 2001

49490-49494 School breakfast and lunch programs

49500-49505 School meals

49510-49520 Nutrition

49530-49536 Child Nutrition Act of 1974

49540 - 49546 Child care food program

49547-49548.3 Comprehensive nutrition services

49550-49560 Meals for needy students

CODE OF REGULATIONS, TITLE 5

15500-15501 Food sales by student organizations

15510 Mandatory meals for needy students

15530-15535 Nutrition education

15550-15565 School lunch and breakfast programs

CODE OF FEDERAL REGULATIONS, TITLE 7

210.1-210.31 National School Lunch Program

220.1-220.21 National School Breakfast Program

Management Resources:

CDE PROGRAM ADVISORIES

1200.89 *Nutrition and Its Partnership with Education, FSB:89/90-6*

SBE POLICIES

Nutritional Quality of Foods and Beverages Available in California Public Schools, 1/92

Nutrition Education and Training, 1/92

Establishment of Local Policies on Nutritional Quality of Food and Beverage Sales on Public School Campuses, 1/92

U.S. DEPARTMENT OF AGRICULTURE AND DEPARTMENT OF HEALTH AND HUMAN SERVICES

1995 Dietary Guidelines for Americans, U.S. Department of Agriculture and Department of Health and Human Services, 1990

Policy
adopted: June 2002
revised: July 19, 2005

CYPRESS SCHOOL DISTRICT
Cypress, California